



CANBERRA  
HOSPITAL  
FOUNDATION

# Gifters

# GAZETTE

VOLUME 3

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## FROM US TO YOU

We are so grateful for your support this year; your generosity of spirit and kindness has been heartwarming and has uplifted patients and their families far beyond what the challenges of 2020 has thrown at our community.

We send a very warm and sincere thank you to you; we could not do what we do without your kindness, help and support. Your generosity has enabled us to make a positive difference to the hospital experience and health of patients in our local community and to keep going despite the challenges faced.

On behalf of every person your kindness has touched, thank you for helping to make a huge difference through your beautiful gifts of comfort made with love, they have an extraordinary impact for patients and family members.

Wishing you and yours a safe, happy, and relaxing holiday season.

Helen Falla  
CEO

## As 2020 draws to a close we wish to take this opportunity to say THANK YOU.

What a year our entire community has been through. There have been so many changes, and in turn so many adjustments. Through fire, hail and then a worldwide pandemic, one thing has remained a constant; the comfort your donations have brought patients. Even when the city was in lockdown, the impact of your crafted items (which had been donated prior) made with so much love and care, were spread through the hospital and health care centres across Canberra.

The impact of your generosity is immeasurable.

With your donated items, you have filled people's hospital ward bedrooms with colour, given children undergoing difficult procedures joy, and brought warmth and comfort to patients in their final days of life.

"Our ward for the past few months

has had the privilege in providing end-of-life care to quite a few patients recently. The bed covers, may they be knitted or patchwork, are the first items our nursing staff use to comfort the patients in their last days or weeks." Says Nurse Vanessa Hobban from the General Medical Ward.

"Feedback from the patients have included 'I feel very special', 'it reminds me of home' and 'they provide warmth and comfort.'"

Patients families also tell staff that the blankets are something they can take home to remember their loved ones, and the scent of their loved ones remain.

"These blankets and quilts are very special keepsakes to our families and play a vital part of the provision of love and care for our patients."



**DONATE NOW** [www.canberrahospitalfoundation.org.au/donate](http://www.canberrahospitalfoundation.org.au/donate)  
or call Amy on 5124 3542.

# Holiday Project – Wrap Our Hearts Around You

Thank you to everyone who has already donated beautiful hand-crafted hearts as part of our **Wrap Our Hearts Around You** Project!

If you haven't heard about it before, Wrap Our Hearts Around You is a project which aims to unite Canberrans through the common activity of creating hearts. The hearts will be collected by the Canberra Hospital Foundation for a special celebration that will be symbolic representation of the appreciation and love in the community for our healthcare workers and patients.

Felt hearts by Angelique from Gilmore, ACT



**TO LEARN MORE OR GET INVOLVED,**

visit [www.canberrahospitalfoundation.org.au/donationstation/wrap-our-hearts-around-you!](http://www.canberrahospitalfoundation.org.au/donationstation/wrap-our-hearts-around-you!)



We hope you have a wonderful festive season celebrating with your loved ones; the best present we wish for you is that you can spend time together. May the happiness of the holiday season be yours!

## OPENING HOURS THIS FESTIVE SEASON

The Canberra Hospital Foundation Donation Station will be closed from **22 December 2020** and will reopen on **January 13 2021**.

Staff will be stocking up on comfort items to give out to patients throughout our closing time.