



Hello Friend!

We hope you've been keeping safe and well!

In this edition of Giving Matters, we'll give you a run-down on the goings-on in the last month, and some opportunities to get involved in the coming months.

[Read more](#)

The Foundation team and some of our lovely volunteers enjoyed getting our green thumbs out at the beginning of the month, planting bulbs and annuals around the Canberra Hospital and the University of Canberra Hospital as part of this year's Floriade Community initiative.





To launch this year's Dry July campaign at Canberra Hospital, we had the wonderful Rapid Relief Team (RRT) come along to the hospital to sell the most delicious burgers. All proceeds from the day were donated to the Canberra Hospital Foundation Dry July. Thank you to all the volunteers from RRT who gave up their time to make a difference in the lives of people in Canberra affected by cancer!



Speaking of Dry July, thank you to everyone in our community who has signed up to go dry, we have been blown away by the number of supporters this year! If you have signed up, please don't hesitate to get in touch so we can personally thank you, or answer any fundraising questions you may have.

And if you haven't signed up, but would like to show your support, you can make a donation to the [Canberra Hospital Foundation Dry July](#).

[Read Giving Matters](#)

On the horizon...

There are some exciting family-friendly events coming your way in the coming months, supporting paediatric patients at Canberra Hospital!

Under the Mistletoe will be holding a winter wonderland weekend festival on the 24th and 25th July.

And Brick Expo is back! After taking a COVID-enforced break last year, the popular event for the young and young at heart will be back at the Hellenic Club on the 14th and 15th August.

We're grateful for the many businesses and clubs in Canberra who support the Foundation through their events, and your support of these events mean so much to us!

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We're looking for volunteers to join the CHF Charity BBQ!

The BBQ is closed for the time being (in line with the COVID restrictions at the hospital), but when it's back up and running, we're looking for volunteers to help with set up, cooking, serving, and collecting payments!

Volunteering at the BBQ is a really rewarding experience - not only will you be filling the bellies of grateful healthcare workers with delicious food, but you'll be helping us raise funds that will have a huge impact on patients from Canberra and the surrounding region who are in hospital or receiving treatment.

To find out more or sign up, please email
hello@chfoundation.org.au



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