

#### FROM US TO YOU

It is the time of year when we reflect on the impact of the past 12 months and I hope you feel fulfilled by the positive hospital experience you have provided for patients and their families.

I'd like to extend a very warm and huge thank you to all of you for your exceptionally kind support throughout the year.

Patients and their families, as well as the healthcare staff, are most appreciative and cannot believe that caring members of their community craft such beautiful and thoughtful items to help them during a difficult

We are so grateful for your generosity through your donations, thank you.

I wish you a safe and restful holiday season and look forward to welcoming you again in the new year.

Kind regards,

Helen Falla **CEO** 

### **THANK YOU! The difference you have** made in 2021 is immeasurable.

Just when we thought COVID-19 might be behind us, we were challenged again in 2021. With the help of our wonderful crafting community, we were able to adapt and lift once more to support our patients in so many ways. With the necessary limitations on visitors in our hospitals, caring contributions such as yours have gone a long way to easing the isolation felt by patients and bringing them hope, kindness and understanding throughout the year.

Your gifts have offered an ongoing connection between patients, their families and

healthcare workers.

The joy created by your creativity and dedication is immeasurable and has brightened the spirits of all of us across our public healthcare family.

On behalf of all of us at Canberra Hospital Foundation, grateful patients, and our essential healthcare workers, thank you once again for your thoughtfulness and generosity in 2021 and may you and yours have a safe and happy holiday season. We look forward to sharing this opportunity with you again in

TOP LEFT: Gold Creek School Origami Christmas ornaments. ABOVE: Knitted superheroes give young patients courage.



DONATE NOW www.canberrahospitalfoundation.org.au/donate or call Amy on 5124 3542.

# Holiday Project!

# IT'S THE LITTLE THINGS THAT MEAN THE MOST

In 2021 many little people have benefitted from the generosity and talent of our crafting community. Small knitted bears and padded toys are the perfect size for little hands and are ripe for a good cuddle at just the right moment. They bring comfort and distraction to little ones who are a bit uneasy whilst having treatment, getting tests or even just by being in a medical setting.

## THIS IS WHERE YOU COME IN!

We need more of these tiny heroes for all the little hands who might need them next year.

On January 10 2022, vaccinations of five to eleven year old children will begin. 46,000 children make up that cohort and a large majority of them will visit a Canberra Health Services clinic to get their COVID-19 vaccination. So if you are looking for guidance from us for what to focus your creative hands and minds on, consider it done.

We would like to send a big thank you in advance for making life a little easier for our littlest Canberrans.



Lake Tuggeranong Probus Club delivering Ted in the Bed comfort toys.



Each Ted in the Bed is individual.



More knitted and sewn comfort toys.

## PROTECTING PATIENTS TOGETHER

We would like to take a moment to sincerely thank you all for your understanding of the important drop off and delivery requirements that ensure everyone is kept safe.

We work closely with the team leaders across each area and hospital to ensure their patient needs are met, assist them with all important storage, and most importantly that your items are placed in the areas of most need.

On behalf of Canberra Health Services we thank you!



Staff gratefully stocking up on comfort items to give out to patients throughout our closing time.

From all of us at *Canberra Hospital Foundation* we hope you have a wonderful festive season, celebrating the end of the year with your family, friends, neighbours and community groups! May the happiness of the holiday season bring a smile to your face...

#### **OPENING HOURS THIS FESTIVE SEASON**

The Canberra Hospital Foundation Shopfront will be closed from 23rd December 2021 and will reopen on 10th January 2022.

