



CANBERRA HOSPITAL  
FOUNDATION

# • GIVEMAS •

SUPPORTING PATIENTS & FAMILIES

## GIFT IDEAS FOR ADULTS

Activity books	Confectionary	Puzzles
Adult colouring books	Cosmetics	Quality Keep Cups
Affirmation cards	Crayons	Reading lights
Art supplies	Crosswords	Scented candles
Bedside clocks & radios	Deck of cards	Socks
Board games	Female & male hand creams & lip balms	Stationary pens
Books	Games	Stress balls
Combs & brushes	Journals	Sudoku
	Non-slip slippers	Toiletries
	Pencils	Word search

Thank you for your generosity!

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Please do not wrap gifts - gift bags are perfect!



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## GIFT IDEAS FOR CHILDREN

Activity books

Lego

Soft books

Arts & crafts

Mobiles

Stacking sets

Blocks

Musical toys

Sticker &  
stamp packs

Board games

Play Doh

Stress balls

Cars

Pop-up toys

Trucks

Colouring  
packs

Puzzles

Water bottles

Dinosaurs

Rubik's Cube

Yoyo

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