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GIVING MATTERS | AUGUST 2022

Get up, stand up, show up...

Hi there, you've been making a positive impact in your community! Here's how...

Thank you for supporting the NAIDOC Week BBQ onsite at Canberra Hospital, Ngunnawal Country, hosted by the Aboriginal Liason Team. Phylo Courtis, NDIS Lead, along with Andrew Horne, Aboriginal and Torres Strait Islander Officer, and Sue Brophy, Aboriginal Liason Officer for Canberra Health Services (featured above) fired up the barbie to celebrate NAIDOC Week and help raise funds for Canberra Hospital Foundation.

Congratulations, you've made it through Dry July!

Thank you to our participants and donors who supported us in this year's Dry July challenge! Your fundraising is supporting patients and families at the Canberra Region Cancer Centre, through the soothing sounds of the Therapeutic Harp Program, floral arrangements to help to brighten clinical spaces, and a tea trolley service for patients and families.

"Thank you so much for your visit. Your beautiful music gave my husband and I much needed rest." - Margaret

You still have time to round up those last pledges from your family, friends, colleagues and neighbours. Plus we are accepting your kind Dry July donations [here](#).

The Give Me Five fundraiser is still going! Thank you from Mix106.3, HerCanberra and the Canberra Hospital Foundation for the generous donations so far. You can show your support until the end of August, [here](#).

Mark your calendars and ready your tastebuds! Stay tuned for more details about the upcoming GM5 Give Me Food Truck Drive Through on Friday 12th August from 2pm to 6pm at the Regatta Point Carpark.

Impact Story - Meet HAL

Earlier this year a new team member arrived at Canberra Health Services! Meet HAL. Paediatric HAL is an advanced paediatric simulator that is capable of simulating life-like emotions. Specialised lifesaving procedures can be practised on the mannequin in a safe environment.

Thanks to generous donors from our community, we are able to provide specialised equipment, like HAL, to help clinicians develop specialised skills and improve the team dynamics need to effectively communicate, diagnose, and treat young patients.



Tracey's Story

Tracey Newman, a proud Wiradjuri woman, is championing the health of Aboriginal and Torres Strait Islander people affected by cancer in the ACT and surrounding region, in her role as Aboriginal and Torres Strait Islander Project Officer for the Canberra Region Cancer Centre (CRCC). **You can read more about Tracey's role and story.**

“It will help our mob to address the stigma around cancer of being fearful of the ‘Big C’, as it is quite often referred to in our communities.”

READ THE ARTICLE



Get Involved!

Help us fire up the
barbie for the
CHF Charity BBQ

REGISTER TODAY



CANBERRA
HOSPITAL
FOUNDATION



Volunteers needed

We need you for the Bar-B-Crew! Get involved with a great team of volunteers and help your community. The delicious aromas of the BBQ will be wafting throughout Canberra Hospital again soon, so please register your interest today!

REGISTER YOUR INTEREST

Be social with us...



Paws-ing the Pressure

The staff of Women, Youth and Children at Centenary Hospital recently had sessions with Delta Therapy Dogs, Lilly, Freddo, Spook and Nike.

[WATCH THE REEL](#)



Reflecting on three years...

Thank you to our Patron, Her Excellency, Mrs Linda Hurley for the ongoing support of Canberra Hospital Foundation, and our community.

[SEE THE POST](#)

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**Canberra Hospital Foundation acknowledges the Traditional
Custodians of the ACT, the Ngunnawal people. We**

acknowledge and respect their continuing culture and the contribution they make to the life of this city and this region.

You're receiving this email because you've signed up for our newsletter, or agreed to receive communications when you have donated to the Canberra Hospital Foundation in the past.

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